

# Midwest Manual Therapy Seminars

*presents...*

## Manual Therapy of the Lumbar Spine, Pelvis and Sacrum

### Course Objective:

This is a usable skills course that teaches you to accurately assess and treat mechanical spine and pelvic dysfunction. The techniques used in this course have been proven clinically to restore function and therefore decrease a patients pain when current practices of algorithmic assessment and treatment have failed.

Date: September 9-10, 2023

Speaker: Pete Emerson, PT

CEU hours: 15 hours approved by the KPTA

Cost: \$495

Location: Performance Rehab

11408 W 135th St.

Overland Park, KS 66221

913-522-2875

### Schedule: Day 1

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- 7:30-10:00 am: Intro to Manual Therapy
- 10:00-10:15 am: Break
- 10:15-12:00 pm: Palpation
- 12:00-1:00 pm: Lunch
- 1:00-2:00 pm: Biomechanics of Sacral dysfunction
- 2:00-3:00 pm: Treatment of Sacral dysfunction
- 3:00-3:15 pm: Break
- 3:15-5:00 pm: Discussion of Compound Sacral Dysfunctions

### Seminar Conducted by

Pete Emerson, PT



Pete Emerson, PT

### Day 2

- 7:30-9:00 am: Review and Questions from Day 1
  - 9:00-10:00 am: Biomechanics of Lumbar Spine dysfunction
  - 10:00-10:15 am: Break
  - 10:15-11:00 am: Treatment of Lumbar Spine Dysfunction
  - 11:00-12:00 pm: Biomechanics of Pelvic Dysfunction
  - 12:00-1:00 pm: Lunch
  - 1:00-2:00 pm: Treatment of Pelvic Dysfunction
  - 2:00-3:00 pm: HVLA Manipulation of Specific Dysfunctions
  - 3:00-3:15 pm: Break
  - 3:15-4:00 pm: Discussion and Questions
  - 4:00-5:00 pm: Post Test
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Pete has been treating patients since 1981. His practice has been exclusive to treating with manual therapy techniques to the cranium, spine and pelvis. He has trained in many forms of Manual Therapy including Cyriax, Maitland, Grimsby, Clinical Neurodynamics, High Velocity Low Amplitude Spinal Manipulation and Intrinsic Motor control Rehabilitation. He has been teaching manual therapy since 1990 and has taught all over the world including south east Asia and throughout Europe. Pete has been a keynote speaker to numerous conferences in England and the United States. He is presently treating patients in Denver and teaching Muscle Energy Techniques (MET) and High Velocity Low Amplitude Spinal Manipulation in Denver and Kansas City.

Use the Registration Form to Register Now—Course is Filling Fast.



**Midwest Manual Therapy Seminars**  
**Course Registration**

**Manual Therapy of the Lumbar Spine,  
Pelvis and Sacrum**

The course is already beginning to fill, so please go online and register as soon as possible -  
[www.mmtseminars.com](http://www.mmtseminars.com).

If you have any questions, please contact Brian Boerner, PT at [brian@performancerehabkc.com](mailto:brian@performancerehabkc.com) or  
913-522-2875.

